

## Conserving water in the home kitchen

As you know, Nashville is in the midst of a grave water crisis due to the flood. Members of Nashville Originals are working hard to conserve valuable water in our restaurants. But there's a lot you can do every day at home to help save water. Try these tips:

--If you wash dishes by hand, don't let the water run. Wash dishes in a sink of soapy water, rinse in a sink of clear water.

-- Make sure the dishwasher is completely full before using it. Don't pre-rinse dishes. Use the shortest wash cycle.

--Wash fruits and vegetables in a bowl of water, not under the tap. Water plants with the leftover water.

--Use water from cooked vegetables to start a soup or sauce.

--Don't defrost foods with running water – use the microwave or let thaw in the frig.

-- Avoid using the disposal in favor of using the trash or composting.

--Keep a pitcher of water in the frig rather than letting the water run.